

## **Competition Checklist**

- Each dancer is responsible for having each item with you for every show and competition
- Please make sure you have your costume lists and this checklist with you as well
- This way no one should arrive missing a part of his/her costumes or the necessary items for competitions and shows

### **Hair Supplies**

- Gel
- Hair Spray
- Brush
- Comb
- Elastics (that match your hair colour)
- Hair nets (that match your hair colour)
- Bobby pins
- Hair pins (these are bigger than bobby pins and work better for buns)

### **Make-Up List**

#### **All Dancers**

- Black eyeliner (for under eyes)
- Foundation (if they wish)
- Bright blush
- Fake eye lashes
- Eyelash glue
- Mascara (bottom lashes)
- Wipes
- Make-up Remover
- Wet N Wild – Always Naked Eye Shadow Palette
- Maybelline Super Stay Matte Ink – Ground Breaker

### **Jewelry**

- Rhinestone Necklace
- Rhinestone Earrings

### **Shoes**

- *Please refer to your hair, shoes & tights list for colour etc.*

- Ballet Shoes
- Beige Half soles
- Beige Foot Paws (if required)
- Tap Shoes (if required)
- Hip Hop shoes (if required)

### **Other Essential Items**

- Dance Bra with clear back strap and shoulder straps
- Extra tights

- Static Guard
- Double sided body tape
- Deodorant
- Safety pins
- Sewing kit
- Scissors
- Water Bottle
- Clear Nail Polish (in case of emergency run in tights)
- Nail Polish Remover (please remove all nail polish prior to competitions or shows)
- Kleenex
- Tide to go
- Band-Aids
- Advil/ Tylenol
- Hair pieces, wigs, masks and hats (if required)
- Props for dances (if you are required to bring your own)
- Back up USB stick with your songs on it
- Spotlight Gear (Jacket)
- Face Masks

## And some reminders for all dancers.....

- **YOU MUST ATTEND CLASS THE WEEK BEFORE AND THE WEEK AFTER A SHOW OR COMPETITION OR YOU WILL NOT PERFORM**
- **NO EATING IN COSTUME.** Only water!! if you must eat be sure to wear your jacket and cover your costume
- ***Label your shoes*** with your name and Spotlight
- Please wash all tights after each competition so it is ready for the next one
- **No underwear under costumes (unless it is a BEIGE thong for older girls)**
- **No nail polish**
- Please make sure that there are no bras or bra straps visible. If you have a costume that has a back that shows your bra please make sure that you have a bra with a clear back. These can be purchased at dance stores.
- When you finish a routine, check all of your costume pieces and properly hang them up or put them in a bin/bag. Do not leave them on the floor of the change room!
- The times we post for performance are estimated only. Some competitions may run early and some may run late. No matter what, you must be ready to perform when called and you must arrive an **hour and a half early (1 ½)** dressed and ready to perform.
- Lateness will not be tolerated, it is very important to be on time and ready as it is not fair to the rest of the group, it is very stressful on the other dancers!!
- In case of emergency and you are going to be late please call Sara and let her know 905-244-7768
- You **must stay** for adjudication. Teachers will not bring back these items to the studio. You *should* always stay for your adjudications after all this is why we compete.

### ***Some Competition Etiquette for Dancers and Parents***

- Please remember ***no photos or videotaping*** of any kind while any dance is performing on stage. You do not want your group to be disqualified. (Most competitions have a videographer where pictures/videos can be purchased)
- Do Not Talk to any Judges or competition organizers about routines or marks their decision is final
- ***No entering the auditorium*** while a piece is performing
- Please make sure you remember when you are on stage for adjudication and awards that you are representing our studio.
- ***No Street shoes and Spotlight Jackets must be worn for adjudication***
- Please make sure you ***always look at the presenters and say thank you for your awards and listen*** to what the judges are saying
- Before the dancers go on stage for adjudication the teachers will tell someone in each group who will go up to accept the awards, that student will hand them out to the group when you leave the stage (please no grabbing awards on stage)
- Be courteous and nice to the people running the competitions, judges, backstage help, other dancers, studios and each other
- Always clean up after yourself in the change rooms, we pride ourselves on being a clean, courteous, friendly, fun family studio
- If you have any concerns during the show or competition, please talk to one of the teachers first. Spotlight will NOT tolerate any rude behavior. We are a friendly studio. There will be consequences if you do not act accordingly

**SMILE & HAVE FUN!!!!**